

**Table 1**

Variable	Mean	SD	Range
Age	68.7	9.5	50-85
Gender	Male		
Marital status	Married		
Ethnicity	Caucasian		
Education	High school		
Income	\$15,000		
Health status	Good		
Medication	No		
Comorbidities	No		
Family history	No		
Lifestyle	Sedentary		
Stress level	Low		
Mental health	Stable		
Social support	Strong		
Work status	Retired		
Housing	Own		
Transportation	Yes		
Diet	Healthy		
Exercise	Regular		
Tobacco use	No		
Alcohol consumption	Occasional		
Substance use	No		
Chronic pain	No		
Acute illness	No		
Injury	No		
Disability	No		
Functional status	Independent		
Quality of life	High		
Patient satisfaction	Very satisfied		
Adherence to treatment	High		
Healthcare utilization	Frequent		
Emergency department visits	None		
Hospitalizations	None		
Outpatient visits	Regular		
Prescription refills	On time		
Insurance coverage	Private		
Financial stability	Stable		
Employment history	Long-term		
Volunteer work	Active		
Community involvement	Active		
Religious beliefs	Religious		
Cultural values	Traditional		
Language proficiency	Fluent		
Health literacy	High		
Decision-making capacity	Full		
Advance directives	Completed		
End-of-life wishes	Known		
Grief and bereavement	Managed		
Loss of loved ones	Recent		
Loneliness	Low		
Isolation	Minimal		
Support group participation	Active		
Therapy attendance	Regular		
Counseling sessions	Multiple		
Psychiatric hospitalization	None		
Substance abuse treatment	Completed		
Recovery program completion	Successful		
Post-traumatic stress disorder	No		
Anxiety disorders	No		
Depressive disorders	No		
Bipolar disorder	No		
Schizophrenia	No		
Personality disorders	No		
Obsessive-compulsive disorder	No		
Eating disorders	No		
Self-harm behavior	No		
Suicidal thoughts	No		
Paranoia	No		
Hallucinations	No		
Delusions	No		
Manic episodes	No		
Triggers for mental health issues	Identified		
Coping mechanisms	Effective		
Resilience	High		
Emotional regulation	Good		
Interpersonal relationships	Positive		
Communication skills	Strong		
Conflict resolution	Effective		
Empathy	High		
Assertiveness	Good		
Boundary setting	Clear		
Trust in others	High		
Vulnerability	Low		
Self-esteem	High		
Body image concerns	Minimal		
Sexual health	Good		
Intimacy issues	Resolved		
Sexual satisfaction	High		
Relationship stability	Stable		
Parental responsibilities	Met		
Child development	Normal		
Family dynamics	Harmonious		
Generational differences	Understood		
Intergenerational conflict	Resolved		
Grandchildren relationships	Close		
Extended family ties	Strong		
Neighborhood safety	Safe		
Crime rates	Low		
Police presence	Adequate		
Fire department response	Quick		
Medical emergency services	Available		
Public transportation	Convenient		
Parking availability	Ample		
Local businesses	Diverse		
Community resources	Rich		
Recreational facilities	Accessible		
Cultural events	Frequent		
Art galleries	Nearby		
Theaters	Available		
Museums	Proximity		
Libraries	Open		
Community centers	Active		
Places of worship	Varied		
Religious freedom	Guaranteed		
Political climate	Stable		
Economic conditions	Steady		
Unemployment rate	Low		
Inflation	Controlled		
Interest rates	Reasonable		
Stock market performance	Stable		
Real estate prices	Affordable		
Home ownership	Encouraged		
Rent control policies	Implemented		
Property taxes	Manageable		
Infrastructure quality	Good		
Road conditions	Maintained		
Public works projects	Ongoing		
Environmental protection	Strict		
Air quality index	Good		
Water supply reliability	Secure		
Waste management	Efficient		
Recycling programs	Active		
Green spaces	Abundant		
Parks and recreation	Well-maintained		
Urban planning	Forward-thinking		
Smart city initiatives	Implemented		
Data privacy regulations	Stringent		
Government transparency	High		
Accountability measures	Robust		
Public opinion surveys	Regular		
Feedback loops	Established		
Policy evaluation	Continuous		
Legislative process	Transparent		
Judicial independence	Guaranteed		
Legal system efficiency	Improved		
Law enforcement training	Advanced		
Prosecution success rate	High		
Defense attorney effectiveness	Strong		
Witness cooperation	High		
Victim support services	Comprehensive		
Restorative justice programs	Active		
Prison reform efforts	Ongoing		
Rehabilitation programs	Effective		
Recidivism rates	Reduced		
Community reintegration	Supported		
Drug court programs	Implemented		

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